

Tymes Tidings

2018



The Queen's Award
for Voluntary Service

The MBE for volunteer groups



This year we commemorated our very first Young Hearts Day with a summer Tymess Trust Tea at the House of Lords with our friends at Nisai Learning.

Among many Awards, Terry Waite

presented Young Hearts Certificates

to schools who have helped children with ME, chosen by our members. Do you know a school who deserves one? The room was packed: families, supporters, guests, volunteers and eminent personages!



We've saved up the photos till now as a window on the day. Despite the pain and struggle that ME brings to each family it touches, the afternoon was very happy, demonstrating the fellowship between parents, children, and all those who support them. ME is a cruelly isolating illness. We thought of all our absent friends.

We're also featuring the artwork you have created out of the colouring cards we send you from time to time. We really enjoy receiving them.

NOW THEN, TO BUSINESS! Mr Harley's prezzie time. I have collected a big chest of cosy, comforting fleece throws. Would you like one? Or a minibear instead? Just email me on the Contact Us form at www.tymestrust.org.



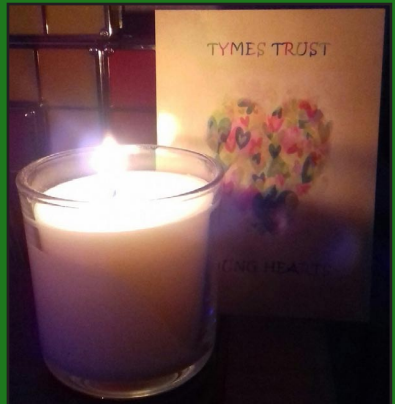
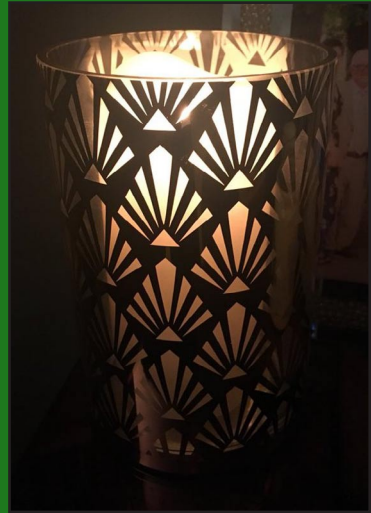
Keith Harley
Chair of Trustees



Tymes Trust's Young Hearts Day 29th November 2018



Tymes Trust Young Officers Isla and Amy wrote our Young Hearts Day cards this year. We sent them with a little gift to children whose parents had requested one. This was a special service for members this time. Amy posted her Young Hearts Day candle on social media. She wrote: "This candle has been lit today to remember all of the young people who suffer from ME. A light permeating the shadows where the forgotten children in society live." Many kind supporters tweeted their candles. So did we. Is yours here?





Kids with ME Young Hearts Day Myalgic Encephalomyelitis

Flora Lockitt

Can you spot your candle here?



Suzie Henson-Amphlett said on Facebook: TYMES Trust have been our rock! Today my thoughts are with all the incredible children and youngsters and their parents like myself and also the amazing TYMES TRUST TEAM. Love and Hope X



Your Artwork

We love to see your artistic interpretations of the designs on our postcards. Art Certificates and prizes waiting! Family and friends can help if you're too ill to finish it on your own.



India (14)



Lucy (15)



Victoria-Mae (15)

Heather (19)



Sam (25+)





Jazy (11)

Arienne (14)



India (14)



Lucy (15)



Sarah (18)



Molly (14)





House of Lords Afternoon Tea And Presentations

An event to give Awards to young people and recognise those who support them. A moment of poignancy recalling young Jade Scarrott, who inspired Young Hearts before her tragic accident. Young Hearts Day is her legacy.

Our Host, Lord
Clement-Jones CBE



Hereward
House School
Headteacher
Pascal Evans
and teacher
Nick Arnold
receiving a Young
Hearts Award
for longstanding
support of Tymes
Trust and children
with ME



Karen Scarrott, mum
of Jade, receives a
Waterford Crystal
Heart from Terry
Waite





Terry Waite CBE and Jane Colby present Dhruv Patel, CEO of Nisai Learning, with his big surprise! A Young Hearts Award for transforming lives through education and his online learning community.



Suzie represents Tymes Trust at the Forward ME Group; here with her daughter Jade



Teacher Lee Cornwall of the Richmond upon Thames School accepting a Young Hearts Award, nominated by Jessica and the Quilliam family

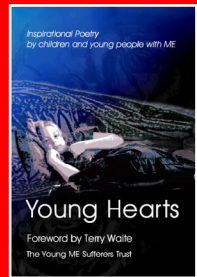


Dr Charles Shepherd and Pamela

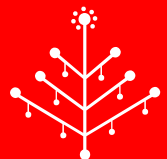


With Jane: Jayjay and Alexander Newley, son of Joan Collins

Copies of Young Hearts are available from the Trust at £7.95 inc p&p




The Hoosiers, Gordon Radley, Jayjay Epega, Alexander Newley





Nisai Learning CEO Dhruv Patel and Terry Waite CBE address our guests at the House of Lords

 **Darwen Aldridge Enterprise Studio**
 26 Nov at 21:50 • 🌐

Delighted to receive this 'Young Hearts Award' for our support, encouragement and kindness! Many thanks to the Young ME Sufferers Trust. #ProudMoment



Isabel Hatherell presented a Tymes Trust award to Darwen Aldridge Enterprise Studio; Mum Lucy said "We are so grateful for everything that you have all done for Isabel"



Keith (Chair)
Jane (Exec Director)
Alec (Trustee) and Sue



Thank you so much to everyone who has donated to support the work of the Trust. For those considering it, be reassured: we never put you on a list to ask you for more!



Tymes Trust, PO Box 4347, Stock, Essex, CM4 9TE
 Advice Line 0845 003 9002
 Joint Parent and Child membership available
 Register at www.tymestrust.org
 Registered Charity 1080985

